

Someone Once Said...

"I am convinced that life is 10% what happens to me and 90% how I react to it."
-Charles Swindoll

Someone Once Said...

It's easy to imagine we're doing "nothing of significance" when we spend so much time in unmeasurable activities. Yet, when you catalogue all that you are gaining, you'll be encouraged at how mothering is making a difference in who you are as a woman.

From: "What Every Mom Needs"
By: Elisa Morgan & Carol Kuykendall

Someone Once Said...

A philosophy professor stood before his class and had some items in front of him. When the class began, wordlessly he picked up a large empty mayonnaise jar and proceeded to fill it with rocks, rocks about 2 inches in diameter. He then asked the students if the jar was full? They agreed that it was.

So the professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles, of course, rolled into the open areas between the rocks. He then asked the students again if the jar was full. They agreed it was.

The students laughed. The professor picked up a box of sand and poured it into the jar. Of course, the sand filled up everything else.

"Now," said the professor, "I want you to recognize that this is your life. The rocks are the important things - your family, your partner, your health, your children - things that if everything else was lost and only they remained, your life would still be full. The pebbles are the other things that matter like your job, your house, your car. The sand is everything else. The small stuff.

"If you put the sand into the jar first, there is no room for the pebbles or the rocks. The same goes for your life. If you spend all your time and energy on the small stuff, you will never have room for the things that are important to you. Pay attention to the things that are critical to your happiness. Play with your children. Take time to get medical checkups. Take your partner out dancing. There will always be time to go to work, clean the house, give a dinner party and fix the disposal."

"Take care of the rocks first - the things that really matter. Set your priorities. The rest is just sand."

-author unknown

Someone Once Said...

If a problem has no solution,
it may not be a problem, but a fact-
not to be solved, but to be coped with
over time.

-Shimon Peres

Someone Once Said...

Loving a child
is a circular business...
the more you give, the more you get,
the more you get, the more you give.

~Penelope Leach

Someone Once Said...

It isn't life that weighs us down –
it's the way we carry it.

-Elizabeth Potier

My Mother. My Self.

you are me. I am you.
we trade souls daily.
for brief moments
there is only one of us.
then two
sharing parts of each other.
now we are separate.
you are me. I am you.
looking in the mirror
I see only you.
I blink
my own face appears.
today I don't know
where you leave off and I begin.
yesterday I didn't care.
looking in your eyes
I remember
what I have not yet lived.
I am you yesterday.
you are me tomorrow.
we are one soul today.
you are me. I am you.

Dawn Noelle Archer

